



Ogden Preparatory Academy

Food Service

Menu Items

Menu Item	Elementary	Jr. High	HACCP Process		
			1. No Cook	2. Same Day Service	3. Complex Food Prep.
Apple Cinnamon Muffin	X		X		
Apple Cinnamon Toast		X	X		
Apple or Cherry Pocket	X			X	
Apple Slices	X	X	X		
Applesauce	X		X		
Au Gratin Potatoes	X	X		X	
Avocados					
Baby Carrots	X	X	X		
Bagels	X	X	X		
Baja Corn	X			X	
Baked Beans	X	X		X	
Baked Chicken	X	X		X	
Baked Fries	X	X		X	
Banana Pancakes	X			X	
Bananas	X	X	X		
BBQ Chicken Sandwich	X			X	
Bean and Cheese Burrito	X	X		X	
Beef and Bean Burrito		X		X	
Beef and Broccoli Teryaki Bowls		X		X	
Beef Tacos	X			X	
Biscuit	X	X		X	
Biscuits and Gravy	X	X		X	
Black Beans	X	X			
Blackberries					
Blueberries		X	X		
Blueberry Breakfast Round	X			X	
Blueberry Muffin	X		X		
Breadable	X				
Breadstick	X	X		X	
Breakfast Bites	X				
Breakfast Boat	X			X	
Breakfast Burrito		X		X	

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			1. No Cook	2. Same Day Service	3. Complex Food Prep.
Breakfast Cookie		X	X		
Breakfast Pizza	X			X	
Breakfast Round	X			X	
Breakfast Sandwich		X		X	
Breakfast Surprise		X		X	
Breakfast Taco	X			X	
Broccoli		X	X		
Broccoli and Cauliflower Fresh Veggie Mix	X	X	X		
Brownie	X		X		
Cake Batter Pudding	X		X		
Canned Apricots					
Canned Fruit Mix	X	X	X		
Canned or Frozen Corn	X	X		X	
Canned Pineapple			X		
Canned Red Beans	X	X			
Canned Refried Beans	X	X		X	
Carrot Coins	X	X	X		
Cauliflower	X	X	X		
Celery		X	X		
Cereal	X	X	X		
Cheeseburger Meatloaf	X			X	
Cheesy Potatoes	X			X	
Cherry Blossom Chicken	X			X	
Chef Salad	X				
Chili cheese fries	X	X		X	
Chicken Alfredo	X	X		X	
Chicken Cesar Wrap		X	X		
Chicken Chow Mein	X			X	
Chicken Fajitas	X			X	
Chicken Fingers		X		X	
Chicken Gravy	X			X	
Chicken Haystacks	X	X		X	

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			1. No Cook	2. Same Day Service	3. Complex Food Prep.
Chicken Noodle Soup	X	X		X	
Chicken Nuggets	X	X		X	
Chicken Patty Sandwich	X	X		X	
Chicken Tamales		X		X	
Chili Bread Bowl	X			X	
Chili Cheese Fries		X		X	
Chili Dogs		X		X	
Chips	X	X	X		
Chocolate Chip Muffin	X	X	X		
Cinnamon Roll	X	X		X	
Corn	X	X		X	
Corn Dogs	X	X		X	
Cottage Cheese	X		X		
Crazy Breakfast	X				
Crazy Lunch	X				
Crinkle Fries	X	X		X	
Cucumbers	X	X	X		
Curly Fries	X	X		X	
Diced Cantaloupe					
Diced Ham	X			X	
Donut	X	X	X		
Dried Parsley	X	X	X		
Egg Cheese Omelet	X	X		X	
Egg Patty	X			X	
Egg Patty Sandwich	X			X	
Egg Roll	X			X	
Egg Round		X		X	
Egg Square	X			X	
				X	
Egg & Cheese Bkfst Burrito	X				
Egg & Cheese Bkfst Quesadilla	X			X	
S.west Breakfast Taco	X				

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			1. No Cook	2. Same Day Service	3. Complex Food Prep.
Enchiladas	X	X		X	
Fish Fingers	X			X	
French Toast Sticks	X	X		X	
Fresh Apples	X	X	X		
Fresh Carrots (RTU)	X	X	X		
Fresh Cherries					
Fresh Clementines					
Fresh Grapes	X	X	X		
Fresh Kiwi	X	X	X		
Fresh Peaches	X	X	X		
Fresh Pears	X		X		
Fresh Romaine Lettuce					
Fresh Shredded Red Cabbage (RTU)					
Fresh Strawberries	X	X	X		
Fresh Watermelon					
Fried Rice	X			X	
Fries	X	X		X	
Frozen Peas					
Fruit Cups	X	X	X		
Garbanzo Beans	X	X			
Garlic Breadstick	X			X	
Gravy	X			X	
Green Beans	X	X		X	
Green Eggs and Ham	X			X	
Green Peppers					
Green Pozole		X		X	
Green Salad	X	X	X		
Grilled Cheese Sandwich	X	X		X	
Ground Beef and Gravy	X			X	
Ham and Cheese Calzone	X	X		X	
Ham and Cheese Croissant		X		X	
Ham or Turkey Sandwich	X	X	X		

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Hamburger Gravy and Mashed Potatoes	X			X	
Hamburgers	X	X		X	
Hardboiled Egg	X				X
Hash Browns	X	X		X	
Hot Dog	X	X		X	
Juice		X	X		
Lasagna	X	X		X	
Lemon Chicken	X	X		X	
Macaroni and Cheese	X	X		X	
Mandarin Oranges	X		X		
Mango Slices		X	X		
Mashed Potatoes	X	X		X	
Meatball Sub		X		X	
Meatloaf		X		X	
Milk	X	X	X		
Mini Bagel	X		X		
Mini Pancakes	X			X	
Monster Taco Soup	X			X	
Muffins	X	X	X		
Munchable	X		X		
Mushrooms					
Nachos	X	X		X	
Oatmeal	X	X		X	
Orange Chicken	X			X	
Oranges	X	X	X		
Pancake Wrap		X		X	
Pancakes	X	X		X	
PBJ	X	X	X		
Pigs in a Blanket	X			X	
Pink Beans	X	X			
Pizza	X	X		X	
Pizza Calzone	X			X	

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Pizza Rippers	X			X	
Popcorn Chicken	X	X		X	
Poptart		X	X		
Potato Wedges		X		X	
Pretzel	X	X	X		
Pumpkin Pie	X		X		
Pumpkin Pretzel	X			X	
Ravioli		X		X	
Red peppers		X	X		
Rice	X	X		X	
Roll	X		X		
Sausage	X	X		X	
Sausage Patty	X	X		X	
Scrambled Egg	X	X		X	
Scrambled Egg Wrap	X			X	
Sidekicks	X				
Skinny Fries	X	X		X	
Sliced Peach Cup	X	X	X		
Snap Peas	X	X	X		
Spaghetti (and Meatballs)	X	X		X	
Spinach	X		X		
Spring Roll	X			X	
Squiggle Waffle	X			X	
Steamed Broccoli and Cheese	X			X	
Stuffing	X			X	
Sweet and Sour Chicken		X		X	
Sweet potatoes					
Taco Salad	X	X		X	
Tator Tots	X			X	
Teryaki Chicken Rice Bowl	X			X	
Texas Toast	X			X	
Tomato Sauce					

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HACCP Process

Menu Item	Elementary	Jr. High	HACCP Process		
			1. No Cook	2. Same Day Service	3. Complex Food Prep.
Tomato Soup	X	X		X	
Tomatoes					
Turkey	X			X	
Turkey Pocket Sandwiches	X		X		
Twice Baked Potato		X		X	
Veggie Rice	X			X	
Waffle Sticks	X			X	
Waffles	X	X		X	
Whole Grain Pancakes	X			X	
Whole Grain Waffle	X			X	
Yellow onions					
Yogurt	X	X	X		