

Ogden Preparatory Academy

6 Week Breakfast & Lunch Menu

March 20 - April 28

Menu Subject to Change					
	Monday, March 20	Tuesday, March 21	Wednesday, March 22	Thursday, March 23	Friday, March 24
W	Cereal, Breadable,	Scrambled Egg, Diced Ham,	Muffin, Sausage,	French Toast Sticks, Fruit	Breakfast Sandwich
E	Fruit, Milk	Fruit, Milk	Fruit, Milk	Hardboiled Egg, Milk	
E					
K	Corn Dogs, Curly Fries, Carrots,	Teriyaki Chicken Chow Mein,	Fish Fingers, Broccoli & Carrots,	Enchiladas, Chicken Fajitas,	Calzones, Veggies,
	Diced Peaches,	Fried Rice, Apple Slices,	Pears & Strawberries, Fries	Green Salad, Mandarin Oranges,	Orange Smiles, PBJ, Milk
1	PBJ, Munchable, Milk	PBJ, Munchable, Milk	PBJ, Munchable, Milk	PBJ, Munchable, Milk	
	Monday, March 27	Tuesday, March 28	Wednesday, March 29	Thursday, March 30	Friday, March 31
W	Breadable, Milk,	Breakfast Pizza,	Muffin, Sausage,	Pancakes, Diced Ham,	Crazy Breakfast
E	Hardboiled Egg, Fruit	Fruit, Milk	Fruit, Milk	Fruit, Milk	
E					
K	Baked Chicken, Tator Tots,	Hamburgers, Chips,	Chicken Alfredo, Roll,	Mini Corn Dogs, Macaroni & Cheese,	Crazy Lunch
	Applesauce, Broccoli & Carrots,	Corn, Mixed Fruit,	Cauliflower, Pears & Grapes,	Mixed Fresh Fruit,	
2	PBJ, Munchable, Milk	PBJ, Munchable, Milk	PBJ, Munchable, Milk	PBJ, Munchable, Milk	
	Monday, April 3	Tuesday, April 4	Wednesday, April 5	Thursday, April 6	Friday, April 7
W					
E					
E	Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
K					
	No School	No School	No School	No School	No School
3					
	Monday, April 10	Tuesday, April 11	Wednesday, April 12	Thursday, April 13	Friday, April 14
W	Egg Patty, Breakfast Round,	French Toast Sticks, Fruit,	Cinnamon Rolls, Diced Ham	Cereal, Lemon Bar,	Banana Pancakes, Sausage,
E	Fruit, Milk	Sausage, Milk	Fruit, Milk	Fruit, Milk	Fruit, Milk
E					
K	Hot Dogs, Baked Beans,	Chicken Patty Sandwich, Carrots,	Chicken Nuggets, Green Beans,	Nachos, Beans,	Ham & Cheese Rippers,

	Broccoli Mix, Apple Slices, PBJ, Munchable, Milk	Peaches & Pears, Skinny Fries, PBJ, Munchable, Milk	Spinach Salad, Clementines, PBJ, Munchable, Milk	Veggie Mix, Fruit Cup, PBJ, Munchable, Milk	Orange Smiles, Broccoli & Carrots, PBJ, Milk
4	Monday, April 17	Tuesday, April 18	Wednesday, April 19	Thursday, April 20	Friday, April 21
W	Muffin, Hardboiled Egg,	Scrambled Egg, Diced Ham,	Breakfast Sandwich,	Waffles, Hardboiled Egg,	Apple Pocket Sandwich,
E	Fruit, Milk	Fruit, Milk	Fruit, Milk	Fruit, Milk	Sausage, Fruit, Milk
E					
K	Shredded BBQ Chicken Sandwich, Tator Tots, Applesauce,	Nachos, Refried Beans, Cauliflower Mix, Peaches & Kiwi,	Grilled Cheese, Tator Tots, Broccoli Mix, Mixed Fruit,	Quesadillas, Baja Corn, Carrots, Peaches & Pears,	Pepperoni Calzones, Salad, Orange Smiles, PBJ, Milk
5	PBJ, Munchable, Milk	PBJ, Munchable, Milk	PBJ, Munchable, Milk	PBJ, Munchable, Milk	
	Monday, April 24	Tuesday, April 25	Wednesday, April 26	Thursday, April 27	Friday, April 28
W	Cereal, Breadable,	Cinnamon Roll, Sausage,	Egg/Cheese Omelet, Biscuit,	Banana Pancakes, Sausage,	Crazy Breakfast
E	Yogurt, Milk	Fruit, Milk	Fruit, Milk	Fruit, Milk	
E					
K	Ham or Turkey Sandwich, Chips,	Hamburgers, Cauliflower Mix,	Corn Dogs, Carrots,	Chicken Haystacks, Broccoli Mix,	Crazy Lunch
	Veggie Mix, Mixed Fruit,	Diced Peaches & Cherries, Fries	Salad, Fresh Fruit Mix,	Yogurt & Strawberries,	
6	PBJ, Munchable, Milk	PBJ, Munchable, Milk	PBJ, Munchable, Milk	PBJ, Munchable, Milk	